DIGITAL PARENTS

About us:

Project **DIGITAL PARENTS** (DIGITÁLNI RODIČIA in Slovak) includes a podcast (with more than 100 episodes), workshops and webinars for parents, teachers, educators, and kids, a conversation game (featuring 200+ cards with questions about the digital age), as well as social media and a website full of tips and tools designed to help children minimize negative experiences and maximize the positive opportunities the online world has to offer.

The purpose of the project is to educate parents of children aged 0 to 18 about the latest trends in the online environment and modern technologies. **The aim is to bring them closer to their children's and grandchildren's world, enabling them to not only understand it better but also become effective guides within it.**

The project is spearheaded by two experts in internet, advertising, and media from Slovakia: **Barbora Okruhľanská and Peter Šebo**. Peter leads a digital agency in Bratislava, while Barbora heads a digital agency in Košice. Beyond their professional pursuits, they have been helping parents and educators navigate the world of the internet for several years.

Digital parents has won the 1st place in the Orange Podcast of the Year 2024. Thanks to the panel of experts and the public vote, the podcast was crowned **the best leisure podcast in Slovakia**.

Social media

First smartphone

Online predators and grooming

Parental controls

Influencers

Cyberbulling

Digital games

First smartphone

Online safety

Apps

Positive and negative effects of social media

Screen time management

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About our new conversation game:

Deepen your relationships with the questions for both parents and children about the current digital age, its challenges and its benefits. The aim of the game is to stimulate debate within the family on topics that are not often discussed at home, and to get to know parents' and children's perspectives and attitudes towards digital technologies.

Have fun with the little ones too

With the youngest children, play a unique memory matching game with illustrations of different technologies. Cut the cards and look for the pairs. Who can find more?

Invite the older ones to join in the conversation

Distribute the three categories of questions on the board – for children, for parents, trivia questions. The child takes questions from the parent's pile and the parent takes questions from the child's pile. The trivia questions are answered by both parties, with the correct answer on the other side of the card.

The game contains:
- **80 questions for children**,
- **80 questions for parents**,
- **50 trivia questions** and
- **18 pairs in the memory matching game**.

2+   30+ min.   2 – 99 years

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